



Cryo-thermal Anal Dilators - Dilatan Plus



DILATAN@PLUS is a cryo-thermal anal dilator available in 5 different sizes only to be used when advised by a physician. Three boxes are available (18/20 mm, 23/27 mm and 30 mm), offering patients the most suitable size for their particular problem and individual anatomy.

DILATAN@PLUS consists of an inert plastic shell with a large disk at the base to allow the patient to grip the device easily. Each sealed dilator contains a thermal jelly which, when heated or cooled, maintains the dilator's temperature during use. Thermotherapy (warm) or cryotherapy (cold) dilators may be used effectively to treat differing pathologies. For the following conditions the dilator should be used warm, up to but not exceeding 50 degrees Celsius:

- Stenosis (contraction) of the anus, due to cicatricial or idiopathic origin
- Hypertonia or spasm due to, and sustained by, haemorrhoids, proctalgia or fistulas
- Prevention of post-operative stenosis due to haemorrhoids or fistulas

For the following conditions, the dilator should be cooled to not below 0 degrees Celsius:

- Anal bleeding.

For other conditions, the temperature of the dilator does not matter. Sizes 18 and 20 (suitable for women or children) and size 23 are indicated for the treatment of hypertonic anal sphincter, actinic proctitis - often associated with anal stenosis - and in tight anal stenosis. In spasm and in the treatment of the chronic anal fissures associated with severe hypertonic anal sphincter, the larger dilators (27 and 30) should be used.

Directions for use:

In CRYOTHERAPY, cool the appropriate dilator in a refrigerator or immerse in ice and water for 10-15 minutes.

In THERMOTHERAPY, immerse the dilator in warm water (no greater than 50 °C) for 10-15 minutes.

The DILATAN@PLUS works well regardless of whether the lower bowel is full or empty. In case of spasm, sitting in a warm water bidet prior to insertion will help relax the sphincter muscles and assist the therapy.

Prior to insertion, the dilator should be covered in a layer of CREMA DILATAN@ cream.

Sitting in the bidet or lying on the bed, insert the dilator slowly up to its base. Keep it in position for two to three minutes, and then pull it slowly out. It is advisable not to stand or walk with the dilator in position.

- Following haemorrhoidectomy, dilations should be performed once or twice daily for the first month, reducing to three times a week for the second and third months. This will greatly relieve post-operative discomfort.
- In cases of anal stenosis, twice-daily use of the dilator is advisable. Treatment should be continued for several months.
- For other conditions, DILATAN@PLUS should be used twice a day whilst symptoms persist, and the treatment continued for at least a month after the symptoms have ceased.

Cleaning DILATAN@PLUS:

DILATAN@PLUS anal dilators must always be washed after use with warm water and neutral soap. If necessary, leave for several hours in a disinfectant solution.

Warnings:

It is recommended a proctological examination to avoid a different origin of symptoms. Keep out of children's reach. Do not swallow. DILATAN@PLUS is a single-patient product.

Product Code	Description	QTY
A.1001	Dilatan Plus - Anal Dialator, (18 & 20mm)	Box 2
A.1002	Dilatan Plus - Anal Dialator, (23 & 27mm)	Box 2
A.1030	Dilatan Plus - Anal Dialator, (30mm)	Box 2